



OFFICIAL NAME: Hellenic Republic

CAPITAL: Athens

OFFICIAL LANGUAGES: Greek, French, English

MAJOR INDUSTRIES:

Tourism, food and tobacco processing, textiles, chemicals, metal products, mining, petroleum

SPOTLIGHT ON GREECE

In more ways than one, Greece is at a crossroads. For years, its ongoing battle with the Eurozone over debt has dominated the headlines, raising eyebrows and ire in economic and political circles. But of course, Greece rose to worldwide prominence, in part, because it is at a crossroads – near the intersection of Europe, Asia, and Africa at what's often called “the cradle of Western civilization.” One can hardly comprehend the contributions of Ancient Greece in subjects as diverse as drama and sports.

Greece's capitalist economy has public sector accounting for about 40% of GDP and with the per capita GDP about two-thirds of the leading euro-zone economies. Deteriorating public finances, inaccurate and misreported statistics, and consistent underperformance on reforms prompted major credit rating agencies to downgrade Greece's international debt rating in late 2009, and led the country to a financial crisis. Under intense pressure from the EU and international market participants, the government adopted a medium-term austerity program that includes cutting government spending, decreasing tax evasion, overhauling the health-care and pension systems, and reforming the labor and product markets. In 2017, Greece began to see improvements in GDP and unemployment however unfinished economic reforms, a massive non-performing loan problem and ongoing uncertainty of the political direction of the country continues to hamper the economy.



TOPICS TO EXPLORE

CLASSICAL GREECE – Whether you're studying politics, science, theater, literature, architecture, or philosophy, your studies originated here. Take a broad look at the remarkable progress of the era or delve into a topic of interest related to a more specific curriculum.

MYTHOLOGY – Today's study of mythology is largely due to the art and literature in which the ancient Greece celebrated their idols. See these works firsthand and explore how the gods were worshipped by believers. Explore the evolution of myth's role in society, from pre-Christianity theology to folklore that existed alongside monotheistic religious practice.

CHALLENGED ECONOMY – Explore the real-time questions relevant to Greece's very difficult road through debt crisis and its current relationship with its trading partners in Europe. Some economists have now reclassified it as an emerging market. Study its effort to recover, especially in contrast to neighbors like Italy or Spain with a “compare and contrast” itinerary

BY THE NUMBERS

\$204.3 BILLION |
ESTIMATED 2017 GDP PPP
(USD)

10.76 MILLION |
POPULATION

131,957 KM² | TOTAL
AREA

2,320+ MEETINGS
PLANNED IN THE REGION

 WorldStrides®
Educational Travel & Experiences

Your customized itinerary

Psychology in Greece

The following itinerary is a working document and is subject to change (revised 2/3/2025).

December 12, 2025 Program Begins	
Friday	<ul style="list-style-type: none"> Flight departs for Athens – <i>Arranged by participants</i>
December 13 Athens	
Saturday Athens Accommodations Hotel Attalos or similar (1 of 9)	<p><i>Welcome to Athens! Commonly called "the cradle of civilization," this is an ancient city that belongs to the world. Explore iconic antiquities intermingled among its modern treasures – plenty of commerce, fun, and good food to enjoy!</i></p> <ul style="list-style-type: none"> At the most common arrival time of all participants, transfer to your accommodations – <i>Local staff and private transportation included (2 coaches for multiple arrival times included).</i> Check-in to your accommodations or store luggage if check-in is unavailable. Health and Safety Orientation – <i>Meeting Space included, public transportation passes to be provided</i> <p>Neighborhood Walking Tour (self-guided) We will walk along the streets of your neighborhood so that you will get familiar with the area and find out where to go, shop, eat, and do anything you may need during your time in Athens. You will get a better idea of the Greek culture as we walk by the Athens' historic heart and enjoy the vibes of the centric areas, where you will stay – <i>No entrances included/applicable; tour to be led by faculty.</i></p> <ul style="list-style-type: none"> Free evening with dinner on own.
December 14 Athens	
Sunday Meals Included Breakfast Dinner Athens Accommodations Hotel Attalos or similar (2 of 9)	<ul style="list-style-type: none"> Meet WorldStrides local staff in the hotel lobby and walk to your classroom – <i>Local staff included.</i> <p>Class Lecture- Faculty Arranged 2 hour of classroom space included.</p> <ul style="list-style-type: none"> Free time for lunch. In the afternoon meet your WorldStrides local staff and continue for an afternoon of sightseeing – <i>Local staff and private transportation included.</i> <p>Guided City Tour Learn about the city of Athens on this tour visiting some of Athens' most famous spots! See the Temple of Zeus, Hadrian's Arch and Library, Ancient Agora, Temple of Hephaestus, Syntagma Square, and the Panathenaic Stadium (the first stadium of the modern Olympics and the only stadium in the world made entirely out of marble)! – <i>Mount Lycabettus tram included.</i></p> <ul style="list-style-type: none"> In the evening, taste the local cuisine with a group Welcome Dinner – <i>Local staff included, walking distance from hotel.</i>

December 15 | Athens

Monday

Meals Included

Breakfast

Athens Accommodations[Hotel Attalos](#) or similar (3 of 9)

- Meet WorldStrides local staff in the hotel lobby and walk to the classroom for class lecture – *Local staff included.*

Greek Dancing ClassLearn the art of traditional Greek dancing – *Fees included.*

- Free time for lunch.
- In the afternoon, meet your WorldStrides local staff and continue to the dancing class – *Local staff and public transportation included.*

Guest Lecture & Class

2 hour of classroom space included.

Sourced by WorldStrides Custom Programs

- Free evening with dinner on own.

December 16 | Delphi

Tuesday

Meals Included

Breakfast

Athens Accommodations[Hotel Attalos](#) or similar (4 of 9)

- Meet WorldStrides local staff in the hotel lobby and depart for Delphi and Arachova - *Local staff and private transportation included.*

Delphi and Arachova

Go beyond the mythology of Attica and discover the meeting place of the great Greek civilizations on this full-day tour of Delphi, departing from Athens. Travel to the 'center of the world' as imagined in classical times at this UNESCO World Heritage Site. Following Delphi, continue to Arachova to take in the traditional Greek village ambiance. – *guided, entrances to Delphi and Archeological Museum included.*

- Return to Athens.

December 17 | Athens

Wednesday

Meals Included

Breakfast

Athens Accommodations[Hotel Attalos](#) or similar (5 of 9)

- Make your way to today's engagements – *Local staff and public transportation included.*

Guided Visit at Acropolis Museum

In 1833, the Turkish garrison withdrew from the Acropolis. Immediately after the founding of the Greek State, discussions about the construction of an Acropolis Museum on the Hill of the Acropolis began. In 1863, it was decided that the Museum be constructed on a site to the southeast of the Parthenon and foundations were laid on 30 December 1865 – *Entrance and headsets included.*

- Free time for lunch.

Guided Tour of Acropolis

The Acropolis of Athens and its monuments are universal symbols of the classical spirit and civilization and form the greatest architectural and artistic complex bequeathed by Greek Antiquity to the world. In the second half of the fifth century b.c., Athens, following the victory against the Persians and the establishment of democracy, took a leading position amongst the other city-states of the ancient world. In the age that followed, as thought and art flourished, an exceptional group of artists put into effect the ambitious plans of Athenian statesman Pericles and, under the inspired guidance of the sculptor Pheidias, transformed the rocky hill into a unique monument of thought and the arts. The most important monuments were built during that time: the Parthenon, built by Ictinus, the Erechtheon, the Propylaea, the monumental entrance to the Acropolis, designed by Mnesicles and the small temple Athena Nike – *Entrance and headsets included.*

- Faculty led Class Lecture at the Acropolis - *informally held by faculty.*
- Return to hotel
- Enjoy the remainder of the day free on own.

December 18 Free Day	
<p>Thursday</p> <p>Meals Included Breakfast</p> <p>Athens Accommodations Hotel Attalos or similar (6 of 9)</p>	<ul style="list-style-type: none"> Enjoy a free day exploring Athens on your own.
December 19 Athens	
<p>Friday</p> <p>Meals Included Breakfast</p> <p>Athens Accommodations Hotel Attalos or similar (7 of 9)</p>	<ul style="list-style-type: none"> Meet WorldStrides local staff in the hotel lobby and walk to classroom for class lecture – <i>Local staff included.</i> <p>Class Lecture - Faculty Arranged 2 hour of classroom space included.</p> <ul style="list-style-type: none"> Free time for lunch. In the afternoon, board coach for ACG – <i>Local staff and private transportation included.</i> <p>America College of Greece - Tour Free of Charge, Meeting space for Activity with Locals Included.</p> <ul style="list-style-type: none"> Return to the hotel with quick stop by the New Olympic Stadium. Enjoy the remainder of the day free on own.
December 20 Nafplio	
<p>Saturday</p> <p>Meals Included Breakfast Dinner</p> <p>Athens Accommodations Hotel Attalos or similar (8 of 9)</p>	<ul style="list-style-type: none"> Meet WorldStrides local staff in hotel lobby and depart for trip to Nafplio - <i>Local staff and private transportation included.</i> <p>Theater of Epidaurus The Theater of Epidaurus, built in the 4th century BCE, is renowned for its exceptional acoustics and classical design. It could seat 14,000 spectators and is still used today for performances, part of the UNESCO-listed Sanctuary of Asclepius – <i>self-guided, entrance included.</i></p> <p>Nafplio Nafplio is a charming coastal town known for its picturesque streets, Venetian architecture, and historic landmarks. Take a boat ride to Bourtzi, a small island fortress in the harbor, and explore its 15th-century defenses. – <i>boat ride, fortress entrance included.</i></p> <ul style="list-style-type: none"> Free time for lunch. Return to your hotel via private transportation. Free evening with dinner on own.
December 21 Free Day	
<p>Sunday</p> <p>Meals Included Breakfast Dinner</p> <p>Athens Accommodations Hotel Attalos or similar (9 of 9)</p>	<ul style="list-style-type: none"> Enjoy a free day exploring Athens on your own. In the evening, taste the local cuisine with a group Farewell Dinner – <i>Local staff included, walking distance from hotel.</i>

December 22 | Program Ends

Monday

Meals Included

Breakfast

- Check out of hotel.
- Transportation to airport will be arranged based on most common departure time - *Local staff and private transportation included (2 coaches for multiple arrival times included).*
- Depart on flights booked individually.