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**CAPITAL:** Vienna

**OFFICIAL LANGUAGES:** German

#### MAIOR INDUSTRIES:

construction, machinery, vehicles and parts, food, metals, chemicals, lumber and paper, electronics, tourism

#### MAJOR AGRICULTURAL PRODUCTS:

grains, potatoes, wine, fruit, dairy products, cattle, pigs, poultry, lumber and other forestry products



## SPOTLIGHT ON AUSTRIA

Like most European countries, Austria looks back on a very eventful history. Yet there are some elements that haven't changed much over the centuries: the partiality for indulgence, beauty, and cultivation have always been driving forces in the country's past and present. Influenced by the immense wealth channeled into fine arts and music by the Hapsburgs, Austria has earned its name as the classical music capital of the world. The works of classical masters like Mozart and Strauss echo as loudly as ever through concert halls and festivals throughout the year. However, Austria's cultural richness extends well beyond the classics. Whether you're exploring one of the national parks, experiencing the beauty of the Alps on a long-distance trail, or heading out on a hike - Austria offers unlimited opportunities to explore the beauty of the outdoors.

Featuring various industrial and services sectors, Austria has a well-developed market economy, skilled labor force and high standard of living. While a gradual recovery following years of weak growth is expected, the unemployment rate, while still low by European standards, has grown to 5.0%. While Austria's fiscal position compares well with other European nations, it faces external risks, such as Austrian banks' continued exposure to Central and Eastern Europe, repercussions from the Hypo Alpe Adria bank collapse, political and economic uncertainties caused by the European sovereign debt crisis, the current refugee crisis, and continued unrest in Russia and Ukraine.

## TOPICS TO **EXPLORE**

FINE ARTS & MUSIC – Austria's passion for the arts and music can be seen throughout history. Discover the musical history of Austria by visiting House of Music Museum in Vienna or Mozart's Birthplace Museum in Salzburg.

**INTERNATIONAL RELATIONS** – As a result of decades of post-war neutrality, a large number of international organizations call Vienna its home, including the United Nations.

**WWII HISTORY** – As the birthplace of Adolph Hitler, Austria was greatly impacted by World War II and has many sights for history buffs.

**PSYCHOLOGY** – Get a glimpse into the mind of the "Father of Psychoanalysis" and psychological practices by visiting the Sigmund Freud Museum.

#### BY THE **NUMBERS**

\$441 BILLION | ESTIMATED 2017 GDP PPP (USD)

8.8 MILLION | POPULATION

83,871 KM<sup>2</sup> | TOTAL AREA

1200+ CONNECTIONS

2,320+ MEETINGS PLANNED IN THE REGION







OFFICIAL NAME: Czech Republic

**CAPITAL:** Prague

TOP LANGUAGE: Czech

#### **MAJOR INDUSTRIES:**

Motor vehicles, metallurgy, machinery and equipment, glass, armaments, brewing, electronics

#### MAJOR AGRICULTURAL PRODUCTS:

Wheat, potatoes, barley, sugar, beets, hops, fruit, pigs, poultry



## SPOTLIGHT ON CZECH REPUBLIC

This landlocked, Central European country has a storied past, including its role as a kingdom in the Holy Roman Empire and later, the Hapsburg Empire. Independence from the Hapsburg Empire was finally achieved at the end of World War I, at which time the Czechs merged with the Slovaks to form the new state of Czechoslovakia. World War II ushered in several decades of Soviet-style Communist rule, but democracy returned in 1989. Four years later, the federation split into two separate countries: the Czech Republic and Slovakia. This tumultuous past of Germanic and Soviet influences continues to be expressed in today's rich Czech culture.

Since the "Velvet Revolution" and subsequent breakup of Czechoslovakia, the Czech Republic has grown into a stable and prosperous market economy and democratic nation. The auto industry stands as the country's largest industry and accounts for almost a quarter of Czech manufacturing. Because of this, the economy is sensitive to changes in nearby European economies; when Germany and Western Europe fell into a recession in 2008, demand for Czech exports took a hard hit, leading the economy into its own recession in 2012 and 2013. The economy began to grow again in 2014 and showed promising GDP growth in 2015 as well. Czech Republic, which changed its short-form name to Czechia in 2016, joined NATO in 1999 and the EU in 2004, though it has yet to adopt the Euro. Its long-term challenges include facing an aging population, funding social services, and moving away from a dependence on manufacturing and toward a more high-tech, service-based, knowledge economy

#### TOPICS TO EXPLORE

ARCHITECTURE – With over 200 castles, Czech Republic has the most in Europe, including the largest ancient castle in the world. Buildings vary in style as Baroque, Gothic, Renaissance, Romanesque, Classicism, Art-Nouveau, Cubism, Functionalism and even architecture of the Communist era are on display throughout the country.

**EQUINE TRADITION** – Founded 440 years ago, a stud farm breeding and training Kladruber horses is now a UNESCO World Heritage site. Czech Republic is also home to the rarest Kinsky horse breed typically associated with royalty.

MODERN GENETICS – Birthplace of Augustinian monk Gregor Mendel who is known as the founding father of modern genetics for his studies crossing pea plants. Visit St. Thomas' Abbey and the Mendel Museum

#### BY THE **NUMBERS**

\$190 BILLION |2016 GDP (USD)

10.6 MILLION | POPULATION

78,867 KM<sup>2</sup> | TOTAL AREA

110+ CONNECTIONS

2,320+ MEETINGS PLANNED
IN THE REGION





# Your customized itinerary

## **Psychology in Austria & The Czech Republic**

The following itinerary is a working document and is subject to change (revised 6/27/2023).

## May 12, 2024 | Program Begins

Sunday

■ Flight departs for Vienna – Arranged by participants

## May 13 | Vienna

Monday

#### Meals Included Dinner

Vienna Accommodations Hotel Leonardo or similar (1 of 4) Welcome to Vienna! Situated at the base of the Danube River, Vienna is the capital of Austria and the second-largest German-speaking city in the world. Consistently ranked as one of the world's most liveable cities, Vienna acts as a home base for the United Nations and a variety of other international organizations. Visit the "City of Music" to learn more about classical musicians like Wolfgang Mozart, Ludwig van Beethoven, and Arnold Schoenberg; enjoy a wiener schnitzel in the historic city center; or explore the exquisite imperial palaces of the Hofburg and Schonbrunn.

- At the most common arrival time of all participants, transfer to your accommodations Local staff and private transportation included.
- Check-in to your accommodations or store luggage if check-in is unavailable.
- Participate in a brief Health and Safety Orientation before your program begins –
   Orientation will be held informally in hotel lobby. Week long Vienna public
   transportation passes to be provided.
- Following orientation, meet your WorldStrides local staff in the hotel lobby and depart via public transportation for Dinner
- Taste the local cuisine with a group Welcome Dinner



#### Tuesday

#### Meals Included Breakfast

Vienna Accommodations Hotel Leonardo or similar (2 of 4)

#### May 14 | Vienna

 Meet your WorldStrides local staff in the hotel lobby and depart for today's activities on public transportation

#### **Walking Tour of the Vienna City Center (Guided)**

Along the Ringstrasse, see the State Opera House, the magnificent Museum of Fine Arts, the Natural History Museum, the cultural district, Museums Quartier, the Hofburg Palace (the former Habsburg winter residence), the Parliament, Vienna National Library & City Hall. – No entrance fees included -City Hall Tours can only be confirmed 4 weeks prior to visit. Subject to availability. City Hall Tour free of charge.

After the walking tour, head to you next visit

## Federal Pathological Anatomical Museum (Guided)

The museum is housed in the so-called Narrenturm, the Fool's Tower. The Narrenturm was built in 1784 under Emperor Joseph II. Planning architect was Isidore Canevale, but the ideas of the hospital director Dr Joseph von Quarin were also integrated. The building was the first psychiatric hospital ever to be built. It was closed in 1866 and the round tower was used as a nurses' home, physicians' apartments, and a storage facility for the university clinics and workshops.

The Federal Pathological Anatomical Museum has been housed in the Narrenturm since 1971. The entire building has been used as a museum since 1993. The Narrenturm is a protected building and owned today by the University of Vienna – Entrance fees to museum included

- Class to be held informally at the cemetery WorldStrides local staff not included
- Return to hotel via public transportation. Remainder of evening free

#### May 15 | Vienna

 Meet WorldStrides local staff in the lobby and depart for today's activities on public transportation

#### Sigmund Freud Museum (Self guided)

The Sigmund Freud Museum in Vienna is a museum founded in 1971 covering Sigmund Freud's life story. It is located in the Alsergrund district, at Berggasse 19. In 2003 the museum was put in the hands of the newly established Sigmund Freud Foundation, which has since received the entire building as an endowment. – Entrance fee to museum included

- Free time for lunch
- Continue to next visit

#### Schönbrunn Palace (Audio guide) and Schönbrunn Garden (Self-guided)

A visit to Vienna's most famous palace is a must for art lovers. The imperial family inhabited 1,441 rooms at Schönbrunn – you can still admire many of them today. In the Palace Gardens, architectural treasures await you, such as the Palm House and the Zoo, which has been named the best zoo in Europe three times now. No wonder – it's the visitors who now stand in the former lion cages while the animals romp around in modern enclosures. The Baroque building structures have been preserved with "Viennese Charm" and finesse. This, the oldest zoo in the world, which is especially successful at breeding elephants and panda bears, was built in 1752 by the husband of Maria Theresa, Emperor Franz – Entrance fee to the Grandy Entry Tour included

- Return to the hotel on public transportation
- Free evening and dinner on your own

Wednesday

#### Meals Included Breakfast

Vienna Accommodations
Hotel Leonardo or similar (3 of



#### Thursday

#### Meals Included Breakfast

#### Vienna Accommodations Hotel Leonardo or similar (4 of 4)

#### May 16 | Vienna

 Meet WorldStrides local staff in the hotel lobby and depart for today's activities on public transportation.

#### **Tour of the University of Vienna (Guided)**

The University of Vienna (German: Universität Wien) is a public research university located in Vienna, Austria. Founded by Duke Rudolph IV in 1365, it is the oldest university in the modern German-speaking world and among the largest institutions of higher learning in Europe. The university is associated with 16 Nobel prize winners and has been the home to many scholars of historical and academic importance – Entrance free of charge

#### **Guest Lecture**

Sourced by WorldStrides - meeting space included

- Free time for lunch.
- Continue to next visit

#### Viktor Frankl: An Institute Museum (guided)

Museum dedicated to the life and work of the famous doctor, philosopher, and Holocaust Survivor – Entrance fee to museum included

After Viktor Frankl, continue to the Prater

#### The Prater

The Prater is a large public park in Leopoldstadt, Vienna, Austria. The Wurstelprater, an amusement park that is often simply called "Prater", lies in one corner of the Wiener Prater and includes the Wiener Riesenrad Ferris wheel - ride on the Ferris Wheel included

Free time in the park, followed by a free evening with dinner on your own.

## May 17 Vienna to Salzburg

#### Friday

#### Meals Included Breakfast

Salzburg Accommodations TBD (1 of 3)

Check out of your accommodations

Meet WorldStrides local staff in the lobby, load luggage and board coach for Salzburg

Coach to Salzburg- Approximately 3 hours - stop for lunch provided

Welcome to Salzburg! The birthplace of Mozart is a bit of a divided city – it's situated just on the border of Austria and Germany, while the town itself is split into halves by the Salzach River, with the storybook Altstadt (Old City) on one side and the modern Neustadt (New City) on the other. This famous setting for the Sound of Music reveals more than breathtaking architecture and landscapes; it's also home to an enviable beer and culinary scene, as well as a thought-provoking arts culture.

- Check-in to your accommodations or store luggage if check-in is unavailable.
- Transportation Day Passes for the 17th, 18th and 19th will be provided
- Enjoy the remainder of the day free on own.

#### May 18 | Salzburg

Saturday

#### Meals Included Breakfast

Salzburg Accommodations TBD (2 of 3)  Meet WorldStrides local staff in the hotel lobby and depart for the Sound of Music Tour on foot/public transportation

#### Salzburg Sound of Music Tour (Guided)

Explore original shooting locations on the Sound of Music Tours - Fees Included

- Return to the hotel
- Free afternoon with lunch and dinner own



May 19   Salzburg		
Sunday	Ŀ	Spend the day at your leisure to explore the city.  Experience the tastes of the culture on your own or with you friends for lunch and
<b>Meals Included</b> Breakfast		dinner.
Salzburg Accommodations		

#### May 20 | Salzburg to Prague

#### Monday

TBD (3 of 3)

#### Meals Included Breakfast

#### Prague Accommodations TBD (1 of 3)

Meet WorldStrides local staff in the lobby, load luggage and board coach for Prague

Coach to Prague - Approximately 6 hours

Stop for lunch provided

Welcome to Prague! "The City of a Hundred Spires," as it is known, inspires with architecture, culture, and a modern and growing economy that rivals any city in the West (and sometimes surprises visitors unfamiliar with this central European hub!

- Check-in to your accommodations or store luggage if check-in is unavailable.
- 3-day Metro Pass will be provided
- Enjoy the remainder of the day free with dinner on own

## May 21 | Prague

## Tuesday

#### Meals Included Breakfast

#### Prague Accommodations TBD (2 of 3)

 Meet WorldStrides local staff in the hotel lobby and depart for today's activities on public transportation.

#### **Walking Tour of Old Town (Guided)**

Tour includes visiting the most significant square of historical Prague which originated in the 12th century – Old Town Square. Beside the Old Town Hall with the Astronomical Clock and the Church of Our Lady before Tyn, the square has several other magnificent attractions: The baroque St. Nicholas Church, the Rococo Kinsky Palace, housing the National Gallery graphic collection, the Stone Bell house – a Gothic city palace for the 14th century and the Memorial to Master Jan Hus. Tour continues across Prikopy street, square of Republica, to the Old Town Square, through the Celetna Street and will end at Wenceslas Square where you can find the National Museum, the largest and oldest Czech museum founded in 1818. –No entrance fees included

Enjoy the remainder of the day free on own.



#### Wednesday

#### Meals Included Breakfast Dinner

#### Prague Accommodations TBD (3 of 3)

## May 22 | Prague

 Meet WorldStrides local staff in the hotel lobby and depart for today's activities on public transportation.

#### **Prague Castle Tour (Guided)**

The whole of Prague Castle, the area which lies on a hill overlooking the city, is a must for any visitor. The castle's history goes back to the 11th century, and it is believed to be Europe's largest castle. The Gothic St. Vitus' Cathedral, which took more than 600 years to build, is most significant and impressive – Entrance fee included

- Following the Castle Tour, continue to Petrin Tower
- Free time for lunch

#### **Petrin Tower (Self guided)**

The Petřín Lookout Tower is a 63.5-meter-tall steel-framework tower on Petřín Hill in Prague built in 1891. It resembles the Eiffel Tower and was used as an observation tower as well as a transmission tower. Today the tower is a major tourist attraction — Entrance fee included

 In the evening, meet your WorldStrides local staff in the hotel lobby and depart via public transportation for your dinner cruise

#### Farewell dinner cruise on the Vltava River

(buffet dinner, one non-alcoholic drink included)

Enjoy the remainder of the day free on own.

#### May 23 | Program Ends

Thursday

Meals Included Breakfast

- Check out of your accommodations.
- At the most common departure time of all participants, transfer to the airport Local staff and private transportation included.

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